




Calvary's Gifts Discovery and Coaching Ministry

Session 3: Strengths



Strength - the ability to provide consistent, near-perfect performance in a given activity.

Christ chose some of us to be apostles, prophets, missionaries, pastors, and teachers, so that his people would learn to serve and his body would grow strong.

Ephesians 4:11-12 (CEV)




Strengths Assessments

Use the code on the backside of the jacket cover in this book:

Living Your Strengths by Albert Winseman, Donald Clifton & Curt Liesveld \$24.95

or visit [Gallup Strengths Center](#) to take an online assessment:

StrengthsFinder 2.0 by Tom Rath \$9.99



Strengths - are a combination of talent, skill and knowledge.

Talent - a special natural ability or aptitude.

Skill - the ability to perform the steps of an activity.

Knowledge - something that is or may be known.



Tips:

- Skills and knowledge can be acquired and can be very situation specific.
- Talents can be transferable from situation to situation.
- Skills and knowledge will be best used to enhance a talent. By doing this you will create a strength.



Strengths

Achiever

Activator

Adaptability

Analytical

Arranger

Belief

Command

Communication

Competition

Connectedness

Consistency

Context

Deliberative

Developer

Discipline

Empathy

Focus

Futuristic

Harmony

Ideation

Includer

Individualization

Input

Intellection

Learner

Maximizer

Positivity

Relator

Responsibility

Restorative

Self-Assurance

Significance

Strategic

Woo



Be who God created you to be:

- Our talents and strengths will feel right.
- Naming our talents and strengths sets us free to develop and live them.
- Claiming our strengths helps us find joy, satisfaction and growth by doing what we do best on a regular basis.