

First Communion

Family Conversations

CLVRY YTH
CLVRY YTH
CLVRY YTH

CLVRY YTH

M I D D L E S C H O O L

CLVRY YTH
CLVRY YTH
CLVRY YTH
CLVRY YTH



First Communion

FAMILY CONVERSATIONS

During the next few weeks, take time to read the following passages and questions and pray together as a family. Growing and learning together as a family is a significant part of participating in your child's First Communion.



CONVERSATION #1

Read Exodus 12:1-14, 31-39

Holy Communion begins with Passover. The Old Testament tells the story of the first Passover meal, commanded by God to be eaten on the night before Moses led the people out of Egypt and slavery. God told the Israelites that the Passover meal should be celebrated each year as a remembrance of their release from the bondage of slavery.

What are some special meals you have as a family?
What makes these meals special?

What kind of animal were the Israelites told to sacrifice and eat?

Why were the people told to put blood on their doorways?
Why did they have to eat bread without yeast?

Why is it important for people to celebrate and remember the Lord's Supper?
What did it remind them of?

Pray together.



CONVERSATION #2

Read John 13:1-17

It was just before the last Passover feast that Jesus was going to celebrate with his disciples. Jesus knew that he was going to be killed. He got up from the table and began to wash his disciples feet. Slaves were looked down upon in Jesus' day and the job that Jesus was doing was the work of a slave.

Why does Jesus say that he is washing the feet of his disciples? (John 13:1)

Why does Peter tell Jesus at first that he doesn't want Jesus to wash his feet? What is Jesus' response?

Jesus says that now that he has washed his disciples feet, they should wash the feet of others. What do you think Jesus means by that?

How can you "wash others feet"? How can you love and serve others the way that Jesus showed us in this passage?

Pray together.



CONVERSATION #3

Read Matthew 26:17-30



Jesus is celebrating the Passover with his disciples. His disciples would have been very familiar with the meal, which they ate every year to remember when their people, the Israelites, were freed from slavery in Egypt (see conversation #1 and Exodus 12). Now, Jesus says he is making a New Covenant. A covenant is similar to a promise. This New Covenant would also give freedom to Jesus' followers. Instead of freedom from slavery, Jesus' sacrifice would bring freedom from sin. Those who trust and believe in Jesus receive forgiveness from all of the things that separate us from God and break our relationship with him.

What does Jesus say that the bread in this meal represents? What does Jesus tell his disciples that the blood represents?

If you were a disciple at this meal, how do you think you might have felt? Circle the words that make sense to you or think of others. Talk about why you would have felt that way.

Confused Worried Scared Excited Joyful Sad Frustrated Troubled

Talk about a time when you wanted to be forgiven for something. How did it feel when the other person forgave you?

What is something you need to ask God to forgive you for? How does it feel to know that God forgives you for everything wrong that you have ever done?

Pray together.



CONVERSATION #4

Read 1 Corinthians 11:23-26

In these verses, Paul is giving people in one of the very first churches instructions to follow when it comes to taking communion together.

What do you think we can learn from Paul's instructions?

Parent(s), talk about the first time you remember participating in Holy Communion. When and where was it? What did you think of the experience? Who was with you?

What does participating in Holy Communion mean to you today?

Why is it important to celebrate the communion meal regularly?

Pray together.



CONTACT INFORMATION

Calvary Golden Valley · 763.545.5659 · calvary.org
7520 Golden Valley Road, Golden Valley, MN 55427

**LEADING PEOPLE
INTO A GROWING
RELATIONSHIP WITH
JESUS CHRIST.**

